



MAHATMA GANDHI VIDYAMANDIR'S
Maharaja Sayajirao Gaikwad Arts, Science & Commerce College,
Malegaon
Tal. Malegaon, Dist.Nashik-423105 (Maharashtra)
Affiliated to Savitribai Phule Pune University, Pune. Id No: PU/NS/ASC/004 (1959)



Date-21/06/2020

National Cadets Corps

Activity Report

International Yoga Day

The NCC cadets celebrated International Yoga Day during the lockdown by practicing yoga at their homes. The celebration started with the practice of various yoga asanas, including Surya Namaskar, Bhujangasana, Vrikshasana, and others. The cadets were encouraged to practice these asanas regularly, as they help in reducing stress, improving concentration, and promoting physical and mental well-being. **The number of cadet's participated-50**



Cadets doing Yogasana



Date-10/08/2020 to 14/08/2020

National Cadets Corps

Activity Report

Fit India Programme

The Fit India programme is a nationwide campaign initiated by the Government of India to promote a healthy and active lifestyle among the people. It encourages citizens to participate in various fitness activities and adopt healthy habits for a better and healthier life. The National Cadet Corps (NCC) also participated in this campaign and promotes physical fitness, mental well-being, and healthy habits among the cadets.

The NCC cadets celebrated the Fit India programme with different fitness activities. The NCC officer Captain R.A.Pawar and Lt.B.B.Waghmare guided the cadets for the celebration of the Fit India Programme highlighting the importance of physical fitness and healthy habits. The cadets participated in various fitness activities such as running, jogging, cycling, and different exercise routines. To promote mental well-being, the cadets also performed yoga. The yoga included various asanas and breathing exercises, which helped the cadets to relax and rejuvenate. The yoga was followed by meditation which helped the cadets to reduce stress and anxiety.

The number of cadets participated-55



Cadets doing Yogasana



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Date-15/08/2020

National Cadets Corps

Activity Report

Independence Day

Due to the COVID-19 pandemic, the celebrations were simple in 2020 and the NCC department celebrated Independence Day during the lockdown period.

The celebration started with a flag hoisting ceremony, where the principal Dr.D.F.Shirude hoisted the national flag and all the NCC cadets and staff sang the national anthem. The ceremony was attended by all the NCC cadets and the faculty members of the college.



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Date-09/11/2020

National Cadets Corps

Activity Report

Role of NCC in personality development and career opportunities

The online webinar was conducted on a virtual platform and NCC cadets from different colleges participated in it. The chief guest of the programme was the Commanding officer of 48 Mah Bn NCC, Dhule Col.B.V.Shiva Rao. The webinar started with the introduction of the speaker chief guest Captain K.M. Borse who is an ANO of SSVPS's Lt.Kr.Dr.P.R.Ghogrey Science College. He shared his experiences and how NCC had played a significant role in shaping his personality and career.

The webinar covered various aspects of personality development, such as communication skills, leadership qualities, decision-making skills, and time management. Captain Borse emphasized the importance of developing these skills, as they are essential for success in any field of work.

He also talked about the various career opportunities available for NCC cadets, such as joining the armed forces, civil services, and corporate sectors. He shared his insights into the selection process, training, and job roles in these fields.

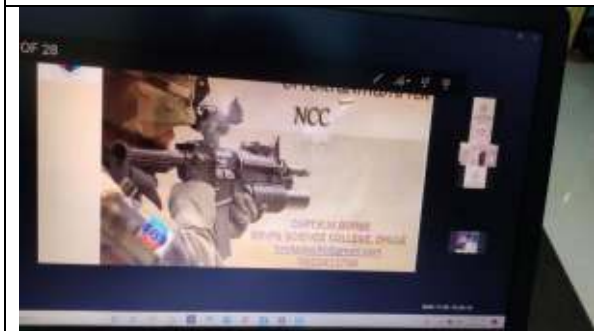
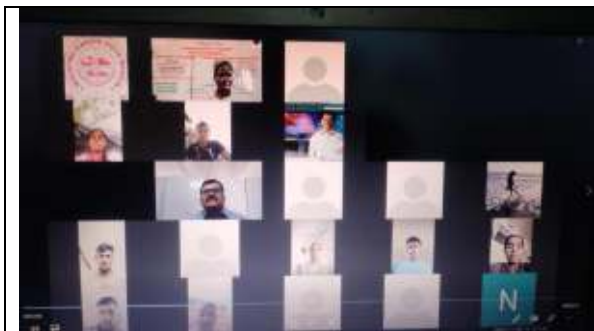
The webinar included a Q&A session, where NCC cadets asked questions related to the speaker's experiences, career opportunities, and tips for personality development.

The number of cadets participated-100



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Online webinar



Date-26/11/2020

National Cadets Corps

Activity Report

Constitution Day

The NCC department organized events to celebrate Constitution Day. The cadets were then briefed about the history and significance of the Constitution and the values enshrined in it.

The celebration included speeches by the Captain R.A.Pawar who talked about the importance of the Constitution and its role in shaping the country's democracy. She also highlighted the need to uphold the values of the Constitution and the responsibilities that come with it. The NCC cadets also organized a pledge-taking ceremony, where they took an oath to abide by the Constitution and uphold its values. **The number of cadet's participated-70**



**Captain R.A.Pawar delivered speech
on Constitution Day**



Date-29/11/2020

National Cadets Corps

Activity Report

NCC day

The NCC day celebration was organized by the NCC department. The celebration started with the hoisting of the NCC flag followed by the recitation of the national anthem and NCC song. The cadets were then briefed about the history and significance of the NCC and its role in building a disciplined and responsible youth force.

The celebration included a speech by the NCC officer Lt.B.B.Waghmare who talked about the significance of the NCC in building a strong and disciplined youth force.



NCC Day Celebration



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Date-26/01/2021

National Cadets Corps

Activity Report

Republic day

Due to the COVID-19 pandemic, the celebration of republic day was simple in 2021 and the NCC department celebrated Independence Day during the lockdown period.

The celebration started with a flag hoisting ceremony, where the principal Dr.D.F.Shirude hoisted the national flag and all the NCC cadets and staff sang the national anthem. The ceremony was attended by the the faculty members of the college.